

# beds of roses sampler

Designed by Terry Loewen



## Materials

- DMC embroidery floss in No. 760 Salmon
- Cross-stitch needle
- Belfast 32 ct Raw Linen\*, a fat quarter
- Embroidery hoop
- Barnboard frame, 8" x 13" opening
- Acid-free archival foam core board, 8" x 13"
- DecoArt Americana Acrylics in Soft Black
- Quilting fabric in three colors to complement sampler
- Cold water, double-sided fabric tape, iron and ironing surface, paintbrush, paper towels, polyester fiberfill, pins, ruler, sandpaper, scissors, sewing machine and thread (to match fabrics), transfer paper, towel, water-soluble marker\*\*, wooden button

\*Available through The Rocking Horse.

\*\*Test on corner of fabric to make sure it doesn't stain—it should rinse out with cold water.

## Instructions

For stacked heart pattern, see pattern pull-out.

**Note:** Zigzag stitch on outer edges of fabric to prevent fraying while you work.

1. Find center of Linen by folding in quarters and finger pressing fold lines. Mark with water-soluble marker.

2. Place Linen in hoop. Design is worked using two strands of floss over two strands of linen. Each square on chart represents one stitch worked over two strands. Refer to chart and begin stitching from center of design with two strands of floss. (Center of design is indicated by a black dot.)

### Finishing

1. Gently wash piece in cold water, then lay flat (face down) on towel and press. Center design on foam core board, using pins at outer edges of board. Place fabric tape at back outer edges of board and gently bring edges of fabric

around and lightly onto tape; make sure design hasn't shifted and gently work out any puckers or wrinkles before securely pressing fabric onto tape at back. Carefully fold over corners so they are flat, then secure with fabric tape. Remove pins and place design in frame; secure.

### Stacked Heart

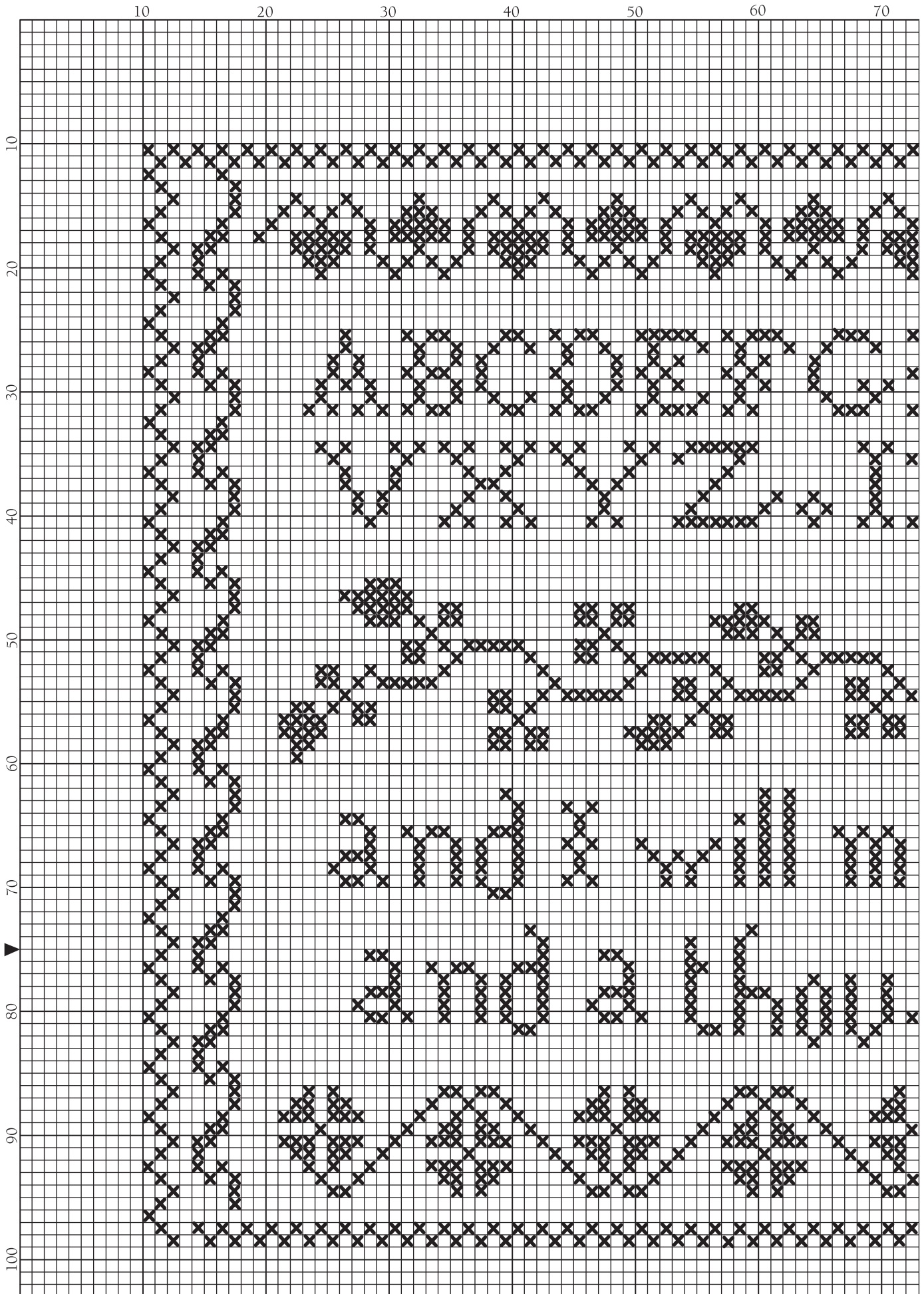
1. Paint wooden button Soft Black. Let dry, then lightly sand edges; wipe away dust.

2. Transfer heart design to doubled fabric with water-soluble marker. Sew along lines. Cut hearts out, leaving 1/4" seam; clip corners. Cut small opening in center back of heart. Turn, stuff, and whipstitch opening shut. Repeat with other two hearts. Stack, then sew through all three hearts and button on center front. Secure thread at back.

For questions regarding this design, please contact Terry at [hairycanary@shaw.ca](mailto:hairycanary@shaw.ca).

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80 90 100 110 120 130 140



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